

How to Make a Lovely, Small Video File

In order to do this you will need

- a digital camcorder
- an installed version of the freeware 'Any Video Converter', which can be downloaded from http://www.any-video-converter.com/products/for_video_free/

As Digital Camcorders vary from camera to camera it is up to you to have your manual handy to refer to it for help on exactly how you take each of these following steps.

Shoot your video

When you shoot your video please check which aspect ratio you are filming in. It could be 16:9 (widescreen) or 4:3. As widescreen is becoming the norm we encourage you to shoot in 16:9.

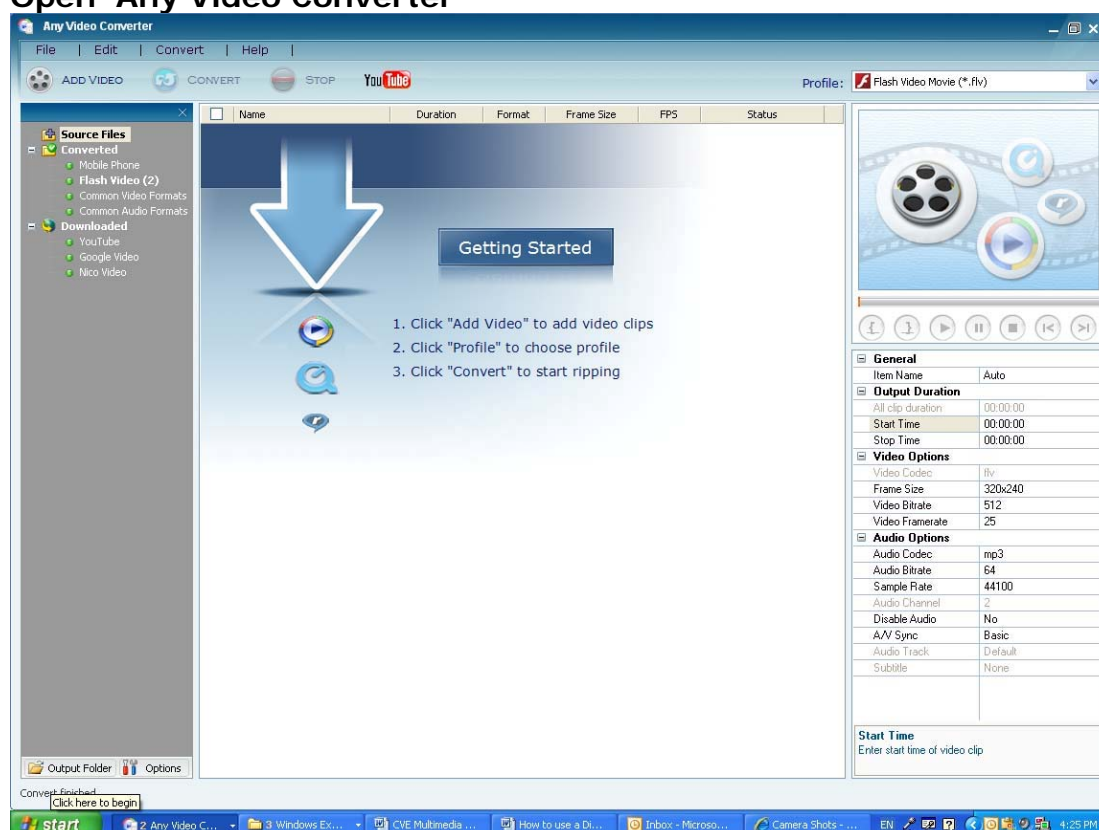
Transferring files to your computer

Plug your FireWire cable from your camera into your computer and transfer files across to their chosen destination.

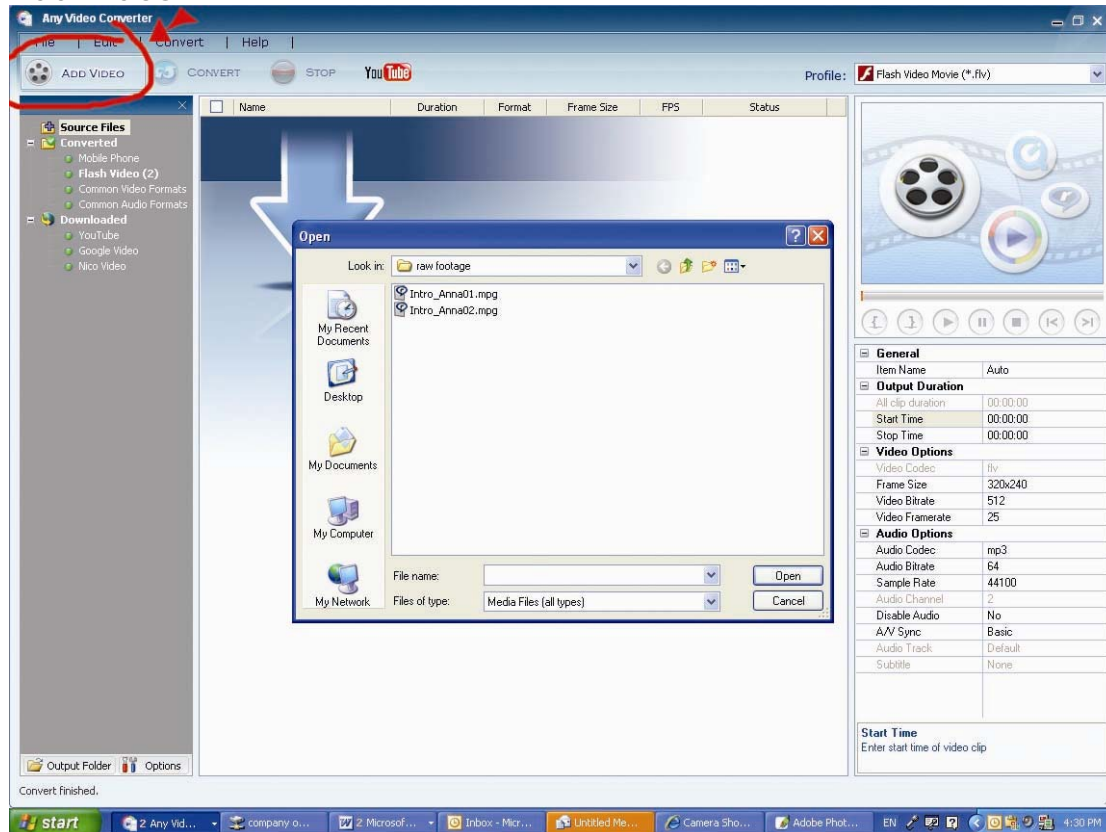
If your camcorder is a JVC you will manually change the .MOD extension to .MPG. (You will need to check your camera's manual for exact instructions.)

(Explanation: The files of a JVC camcorder are .MOD and .MOI files. .MOD are JVC's implementation of MPEG-2 transport streams. You don't actually need to convert the files to .MPG in order to make them playable on your computer, you can simply rename them in most cases.)

Open 'Any Video Converter'



Add Video



Choose Profile > select Flash Video Movie (*.flv)



Set the Frame Size to 320 x180. This is a **16:9 setting** – you will need to manually enter these figures as they are not in the drop down menu. (Please note: if your video footage is 4:3 ratio you will need to select the 320x240 frame size option.)

Video Options	
Video Codec	flv
Frame Size	320x180
Video Bitrate	256
Video Framerate	25
Audio Options	
Audio Codec	mp3
Audio Bitrate	64
Sample Rate	22050
Audio Channel	2

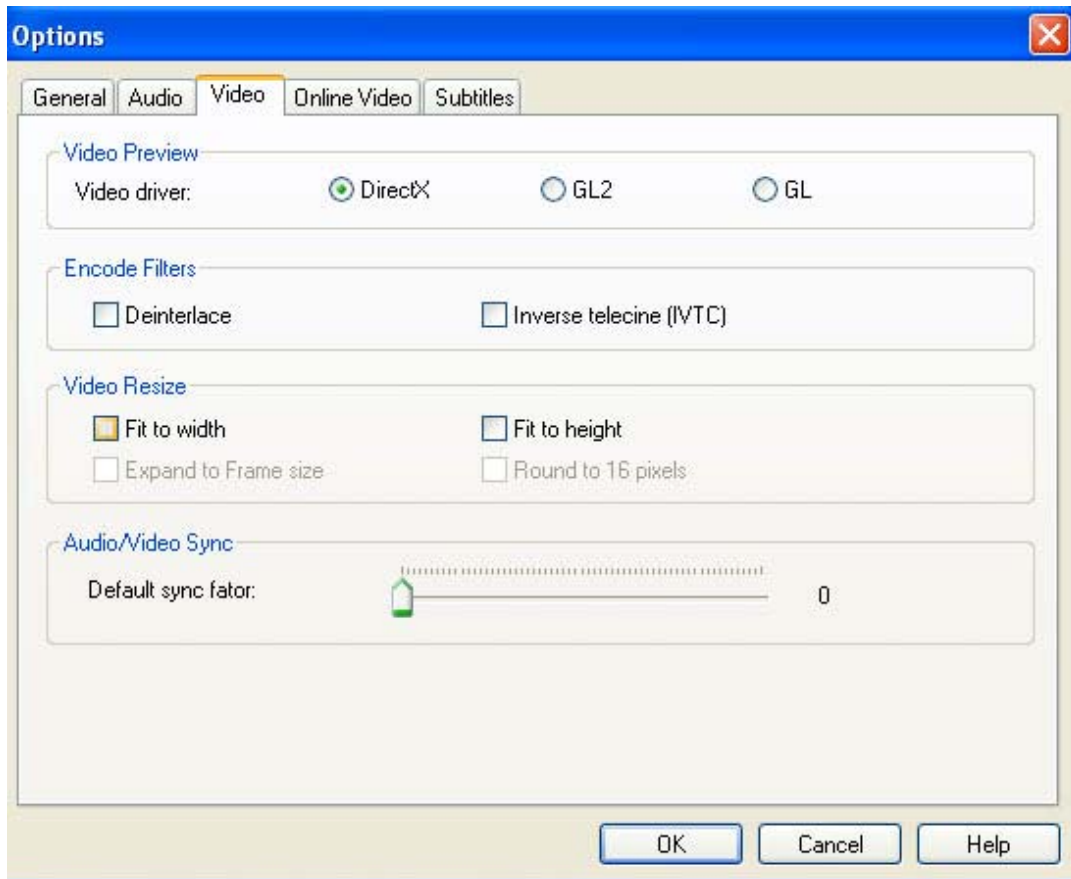
Set the Video Bitrate – click on the drop down menu and select 256kHz.

Video Options	
Video Codec	flv
Frame Size	320x240
Video Bitrate	256
Video Framerate	192
Audio Options	
Audio Codec	mp3
Audio Bitrate	64
Sample Rate	22050
Audio Channel	2
Disable Audio	No

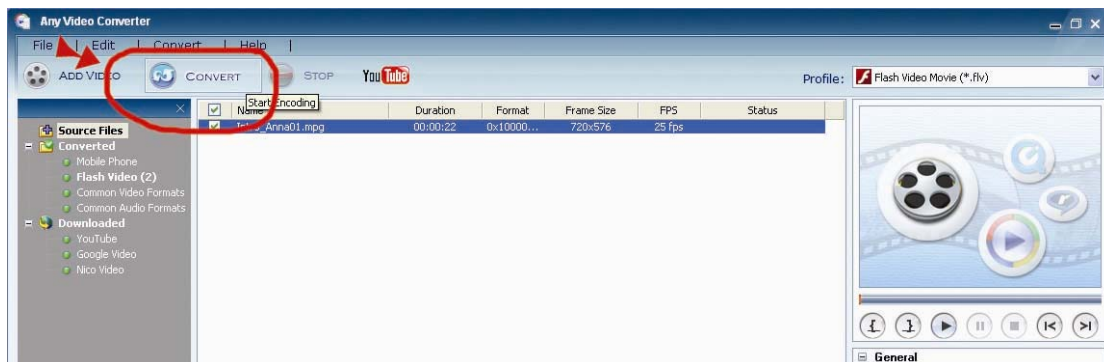
Set the Audio Sample Rate – click on drop down menu and select 22050kHz.

Audio Options	
Audio Codec	mp3
Audio Bitrate	64
Sample Rate	22050
Audio Channel	2
Disable Audio	No
A/V Sync	Basic
Audio Track	Default
Subtitle	None

To ensure your 16:9 video will display as a 16:9 video and not be squashed down into a 4:3 video please go to **OPTIONS > Video > Video Resize** and make sure **NONE** of these boxes are checked > **OK**.



And finally hit the 'CONVERT' button.



Your .flv will be saved to your chosen OUTPUT FOLDER.

To change output destination, go to OPTIONS.